

You are cordially invited to the

Launch of The Mid and East Antrim Loneliness Network



Friday
Dec 6th
2019

9:30 am -
2:00 pm
Including
lunch

LARNE
MARKET
YARD

THE MARKET YARD, 2
STATION ROAD
LARNE CO ANTRIM
BT40 1AA

Places are limited

Please RSVP by email to Natalie.Melo@midandeantrim.gov.uk or telephone 028 2563 3206 on/before 15th of Nov 2019

Loneliness is a universal social and public health issue affecting many people at various ages and stages of life. A definition of loneliness goes beyond that of being a painful, emotional experience as research suggests that isolation and loneliness are as harmful to our health as smoking 15 cigarettes per day.

The launch of the Mid and East Antrim Loneliness Network is a significant step forward to help prevent and address loneliness in the Borough. As part of community planning arrangements a range of organisations are working together across the statutory, voluntary and community sectors to tackle this important issue.