

March 2022

Frailty Network News



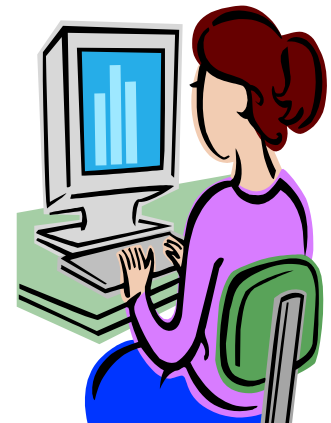
If you wish include any items in our next circulation, please contact frailtynetwork@hscni.net

Frailty is everybody's business

Join the NI Frailty Network – email your contact details to frailtynetwork@hscni.net

What have we been working on?

NIFN Website- The team have been working hard to get our website up and running which we hope will develop further over time. If you are interested in being part of a 'review group' to help us get the website up and running please email frailtynetwork@hscni.net



Falls in Care Homes Project- We are currently at the data collection stage of the falls project. We are collecting staff surveys, resident surveys and falls data from our pilot care homes.

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Dates for your Diary!

Thursday 14th April (2-4pm) - Age NI are hosting an online event with the Department of Health team as part of the public consultation, 'Reform of Adult Social Care'.

Tuesday 26th April (12.30pm) - Join Linking Generations NI online to hear inspiring stories, examples and ideas of intergenerational growing, cooking and eating activities as part of the **Food for Life Get Togethers Project**. [Getting Together to Grow, Cook & Eat – Linking Generations NI](#)

Thursday 26th May - The National Integrated Care Programme for Older Persons are hosting a networking (in-person) event ; **Supporting Teams and Embracing Change**, taking place on the 26th of May in Trinity College Dublin. Agenda and registration details will follow in April.

Have Your Say



The Department of Health NI have launched 2 major consultation exercises aim to improve care and support for people in NI. Have your say, or forward your thoughts to frailtynetwork@hscni.net and we can respond on behalf of our members.

Reform of Adult Social Care

The Department of Health is seeking your views on the consultation paper regarding the Reform of the Adult Social Care System in Northern Ireland. The full consultation document and other associated documents can be accessed at <https://www.health-ni.gov.uk/consultations/consultation-reform-adult-social-care> . The consultation period closes on 18 May 2022 at 17:00.

The Future of Urgent and Emergency Care

The minister launched a public consultation on the future of Urgent and Emergency Care on 16th March 2022. The details of the press release, the duration of the consultation and the 3 strategic themes are outlined here <https://www.health-ni.gov.uk/news/public-consultation-charts-way-forward-urgent-and-emergency-care> . The public consultation documents (including the evidence report) are all accessible online at the following link <https://www.health-ni.gov.uk/consultations/consultation-review-urgent-and-emergency-care-services-northern-ireland> . The consultation will close on 15 June 2022 at 17:00.

New Research published shows link between delirium and increased mortality

Older people who experience delirium in hospital are up to 5.5 times more likely to die within 30 days compared to those without delirium, according to a new study published. To read this study please follow the link below:

[Positive scores on the 4AT delirium assessment tool at hospital admission are linked to mortality, length of stay and home time: two-centre study of 82,770 emergency admissions | Age and Ageing | Oxford Academic \(oup.com\)](#)

How is COVID-19 affecting community connectedness?

The COVID-19 outbreak and the restrictions introduced to contain and slow the spread of the virus across the country, forced individuals and society to abruptly change how they lived and worked, almost overnight. These restrictions meant many people could no longer access long-standing social networks as easily as before the pandemic, with face-to-face interactions severely limited.

These two reports below, based on research conducted by NatCen Social Research, examine volunteering and community connectedness in the COVID-19 outbreak.

[Volunteering-and-helping-out-in-the-covid-19-outbreak.pdf \(ageing-better.org.uk\)](#)

[community-connectedness-in-the-COVID-19-outbreak-report.pdf \(ageing-](#)

Challenging Ageism through Images

The Centre for Ageing Better have updated their age-positive library with over 150 new photos. These images, which depict older people in non-stereotypical ways, are available to download and free to use.



[ResourceSpace](#)

'Frailty and Urgent Care Meeting 2022'

The British Geriatric Society are holding an event intended for clinicians and healthcare professionals working with older people in urgent care settings. The day will include keynote presentations from experts in their field, time for questions, and sessions demonstrating best practice approaches.

Aims include:

- Improve attendee's skills in the urgent care of frail older people
- Inspire attendees to achieve personal excellence in the urgent healthcare of older people

[2022 Frailty and Urgent Care Meeting | British Geriatrics Society \(bgs.org.uk\)](#)

Can you help us?

Encompass – we are interested to know more about our health and social care employed members involvement in the Encompass programme. Do you represent your organisation / profession / team in any of the work streams? We would be grateful if you could get in touch to tell us about your involvement so far and help us ensure that Frailty is considered across this programme.

Digital technology – some of our partners are taking forward work around use of technology to assist older adults to maintain independence / improve wellbeing.

Website content – we are developing a website and would like to set up an editorial group to oversee the content. Would you be interested in joining us?

Education – in our last edition, we circulated information on the Health Education England's e-learning module on Frailty. Have you had a chance to register and progress through the material? We'd be really keen to hear your feedback.

If you can support us in any of these areas, please get in touch at frailtynetwork@hscni.net



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