

April 2022

Frailty Network News



If you wish include any items in our next circulation, please contact

frailtynetwork@hscni.net

Frailty is everybody's business

Join the NI Frailty Network – email your contact details to frailtynetwork@hscni.net

INSIDE THIS ISSUE:

Global Intergenerational Week!	2
Volunteer for Voices4Care	2
Community Organisations and healthy	3
Ageing, Inequality and Ethnicity	3
The State of Ageing 2022	3
Dates for your diary	4

Can you help us?

Encompass – we are interested to know more about our health and social care employed members involvement in the Encompass programme. Do you represent your organisation / profession / team in any of the work streams? We would be grateful if you could get in touch to tell us about your involvement so far and help us ensure that Frailty is considered across this programme.

Digital technology – some of our partners are taking forward work around use of technology to assist older adults to maintain independence / improve wellbeing. Would you be interested in getting involved?

Website content – we are developing a website and would like to set up an editorial group to oversee the content. Would you be interested in joining us?

Education – in our February edition, we circulated information on the Health Education England's e-learning module on Frailty. Have you had a chance to register and progress through the material? We'd be really keen to hear your feedback.

If you can support us in any of these areas, please get in touch at frailtynetwork@hscni.net



It's Global Intergenerational Week 2022!



Linking Generations
Northern Ireland

Intergenerational Week which runs from 25th April to 1st May 2022, aims to inspire individuals, groups and organisations to embrace intergenerational practice, connecting people of all ages, especially the younger and older generations.

The Commissioner for Older People for Northern Ireland, Eddie Lynch, said:

“This week celebrates the role of older people in our communities and the positive contribution they make with the younger generation when they are given the opportunity to be involved and encouraged to do so. The intergenerational benefits experienced by older people, and those they connect with, have been well documented. These vital connections all play a part in increasing a sense of well-being which cannot be underestimated”

The campaign will celebrate good practice, ideas, moments and opportunities local to us where different age groups come together, and intergenerational friendships can be formed!

For more information on how you can get involved in Intergenerational Week, please follow the link below:

[Linking Generations NI – Bringing Generations Together](#)

Opportunity to Volunteer for Voices4Care

Joining Voices4Care will give you the chance to be part of meaningful experiences to influence and shape palliative care across the Island of Ireland.

Voices4Care membership is open to:

- people receiving palliative care
- carers or former carers of adults with palliative care needs
- citizens with an interest in palliative care

For more information please follow the link to the leaflet:
[V4C-leaflet-Final.pdf \(aiihpc.org\)](#)

The opportunity to express interest in joining Voices4Care is open until Monday 9th May 2022.

How community organisations contribute to healthy ageing.



A webinar hosted by the Centre of Ageing Better explored the findings from their evaluation on the Leeds Neighbourhood Network. The Leeds Neighbourhood Network comprises 37 voluntary organisations working across the whole of Leeds.

Each area works with members and volunteers to deliver a range of activities to improve and promote health and wellbeing,.

All Centre for Ageing Better webinars are available to watch on demand on their Youtube channel, just type 'Centre for Ageing Better' into Youtube and they will appear.

Ageing, Inequality and Ethnicity

Older generations are becoming more diverse than ever, But also more unequal. There's an increasing level of inequalities in terms of health, wealth and life circumstances.

The Centre for Ageing Better have created a set of downloadable evidence cards that demonstrate the contributions of and shocking inequalities experienced by Black, Asian and Minority Ethnic groups approaching retirement age.

For more information and to view the evidence cards please follow the link below:

[Ageing, inequality and ethnicity: Evidence cards | Centre for Ageing Better \(ageing-better.org.uk\)](https://ageing-better.org.uk)

The State of Ageing 2022

The Centre for Ageing Better have shared an online, interactive report that captures a snapshot of how people in the UK are ageing today, while looking at past trends and our prospects if action isn't taken.



It includes chapters that look at quality of housing, health, communities and work within the older population.

To view the interactive report please follow the link below:

[The State of Ageing 2022 | Centre for Ageing Better \(ageing-better.org.uk\)](https://ageing-better.org.uk)

Dates for your diary!

- **Thursday 12th May 2022 (10-11.30am)**- Creative age-friendly and inclusive homes and communities webinar hosted by the Town and Country Planning. For more information or to register please follow this link: [Creating age-friendly and inclusive homes and communities | Centre for Ageing Better \(ageing-better.org.uk\)](#)

SAVE THE DATE!

- **Friday 30th September - Upcoming Northern Ireland Frailty Network conference.**

Upcoming Courses

Trinity College Dublin have 2 online courses starting in September 2022:

Assessment and management of frailty in ageing adults (STAND ALONE ONLINE)

<https://www.tcd.ie/medicine/medical-gerontology/postgraduate/standalone-frailty-module/>

(two hours once a week, semester 1 only)

Postgraduate Certificate in Advanced Ageing and Frailty Studies (ONLINE)

<https://www.tcd.ie/medicine/medical-gerontology/postgraduate/pgcert/>

(two hours twice a week, both semesters)

Deadline for applications: end of June 2022

Informal enquiries: <https://www.tcd.ie/medicine/medical-gerontology/contact/>



If you wish include any items in our next circulation, please contact frailtynetwork@hscni.net

Frailty is everybody's business

Join the NI Frailty Network – email your contact details to

frailtynetwork@hscni.net