

July 2022

Frailty Network News



If you wish include any items in our next circulation, please contact frailtynetwork@hscni.net

Frailty is everybody's business

Join the NI Frailty Network – email your contact details to frailtynetwork@hscni.net

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Dates for your Diary!



Thursday 4th August 2022 (10.30-11.30am)- The Centre for Ageing Better is hosting an online event called '**An Introduction to Age-friendly Communities**'. This one-hour webinar will cover the basics of Age-friendly Communities as defined by the World Health Organization, and provide practical examples from UK members on their journey to become better places to grow old. For more information please follow this link: [An introduction to Age-friendly Communities | Centre for Ageing Better \(ageing-better.org.uk\)](https://ageing-better.org.uk)

SAVE THE DATE!

We have changed the date of our upcoming Northern Ireland Frailty Network Conference from 30th September to *Friday 7th October 2022*.

Friday 9th September 2022 (9.30-5pm)- The British Geriatric Society is hosting the **23rd International Conference on Falls and Postural Stability**. It will be a hybrid event meaning you can attend in person or virtually. For more information please follow this link: [2022 23rd International Conference on Falls and Postural Stability | British Geriatrics Society \(bgs.org.uk\)](https://bgs.org.uk)

Tuesday 13th September 2022 (4-5pm)- Join the British Geriatric Society for a free, online meeting to provide support to those in Nurse and AHP roles. The meeting will be an interactive session where attendees will be asked to contribute questions to the presenters. For more information and to join please follow this link: [2022 NAHP Communities of Practice | British Geriatrics Society \(bgs.org.uk\)](https://bgs.org.uk)

Exciting job vacancy with HSCQI!



Do you like run charts?

Do pareto charts make your heart race?

Is using data for improvement your thing?

HSCQI is recruiting an Improvement Data Analyst Band 7 (Temporary for up to 12 months).

Closing Date is **Wednesday 3rd August 2022**.

Please see attached pdf file (attached in the email) for more details and information on how to apply. The hyperlink to the data analyst job info on the jobs.hscni.net website is embedded in the PDF for convenience.

Ageing Better to deliver a new campaign against age-based discrimination

A bold new public campaign tackling the scourge of everyday ageism is heading up the Centre for Ageing Better's new 2022-25 strategy. The campaign that aims to tackle ageism will seek to overturn the deeply entrenched negative attitudes within society towards older people through a collective and nationwide approach.

The Centre for Ageing Better aims to work with the public, age-friendly communities, employers as well as other sector and industry partners to change the way people think, feel and act about ageing.

To read more about the new campaign or to view the new strategy please follow this link: [Ageing Better to deliver new campaign against age-based discrimination | Centre for Ageing Better \(ageing-better.org.uk\)](https://www.ageing-better.org.uk/ageing-better-to-deliver-new-campaign-against-age-based-discrimination)

Age and Ageing Journal



Age and Ageing, the scientific journal of the British Geriatrics Society, is now the most highly ranked journal in the 'geriatrics and gerontology' category.

Visit the [Age and Ageing journal website](https://www.ageandageingjournal.com) to browse research, commentary and expert review articles on ageing and clinical, epidemiological, and psychological aspects of later life.

Why our ageing population needs better political representation

The 2021 Census reveals almost one in five of people living in England is aged 65 or older, and this ageing population shows no sign of slowing down.



This new data reinforces a need for an Older People's Commissioner for England to champion the rights of older people and all of us as we age.

For more information please follow this link: [England's ageing population needs better political representation and focus | Centre for Ageing Better](#)

Developing a local 'State of Ageing' report

Centre for Ageing Better have developed a guide to data, indicators and other ways to understand how well people are ageing in your local area.

Using data in work can enable individuals to better understand the needs of your population, design and deliver services more effectively, focus public and political attention on important issues for older people, and understand the impact your work is having.

The guide builds on the Centre for Ageing Better's State of Ageing report, which brings together a wide range of data on ageing nationally, and their work on local State of Ageing in Leeds.

For more information and to view the guide please follow this link: [Developing a local 'State of Ageing' report | Centre for Ageing Better \(ageing-better.org.uk\)](#)

Intergenerational Training for Care Homes and Settings



Linking Generations
Northern Ireland

Do you work in a care home or care setting and interested in developing inter-generational links and activities?

Delivered over 3 modules (1 day or 3 short sessions) the training covers: what is Intergenerational practice, good practice in preparing and bringing generations together (plus activity ideas for virtual and at a distance) and evaluation methods and sustainability.

For more information and to sign up, please follow this link: [Accredited Intergenerational Training for Care Homes – Registration Open! – Linking Generations NI](#)

Can you help us?

Encompass – we are interested to know more about our health and social care employed members involvement in the Encompass programme. Do you represent your organisation / profession / team in any of the work streams? We would be grateful if you could get in touch to tell us about your involvement so far and help us ensure that Frailty is considered across this programme.

Digital technology – some of our partners are taking forward work around use of technology to assist older adults to maintain independence / improve wellbeing. Would you be interested in getting involved?

Website content – we are developing a website and would like to set up an editorial group to oversee the content. Would you be interested in joining us?

Education – in our February edition, we circulated information on the Health Education England's e-learning module on Frailty. Have you had a chance to register and progress through the material? We'd be really keen to hear your feedback.

Please see the link below for more information and to view Health Education England's e-learning module on Frailty.

[HEE elfh Hub \(e-elfh.org.uk\)](http://e-elfh.org.uk)

At the minute we are gathering names for each area, if you can support us in any of these, please get in touch at frailtynetwork@hscni.net



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