#### Aug/Sept 2022

# Frailty Network News



If you wish include any items in our next circulation, please contact <u>frailtynetwork@hscni.net</u>

Frailty is everybody's business

Join the NI Frailty Network – email your contact details to <u>frailtynetwork@hscni.net</u>

#### **INSIDE THIS ISSUE:**

All about the con- ference!	2
Frailty in Real Life	3
Irish Gerontological Society Meeting 2022	3
LGNI New Training Opportunities	3
Improving Conti- nence in Older Peo- ple	3
Can you help us?	4

**Dates for your Diary!** 



#### SAVE THE DATE!

This year's Northern Ireland Frailty Network Conference will be on <u>Friday 7th October 2022 9.30—4pm</u>

Read on for further details on the programme, speakers and how to register!

**Friday 9th September 2022 (9.30-5pm)-** The British Geriatric Society is hosting the **23rd International Conference on Falls and Postural Stability**. It will be a hybrid event meaning you can attend in person or virtually. For more information please follow this link: 2022 23rd International Conference on Falls and Postural Stability | British Geriatrics Society (bgs.org.uk)

<u>Tuesday 13th September 2022 (4-5pm)-</u> Join the British Geriatric Society for a free, online meeting to provide support to those in Nurse and AHP roles. The meeting will be an interactive session where attendees will be asked to contribute questions to the presenters. For more information and to join please follow this link: 2022 NAHP Communities of Practice | British Geriatrics Society (bgs.org.uk)

#### **About the Conference**



This year's conference will be online to enable more people to join. The conference will run from 9.30am to 4pm on Friday 7th October 2022 and is a free event.

#### Who can attend our conference?

Everybody! Everybody is welcome to join. If

you have an interest in all things Frailty, then this conference is perfect for you.

#### **Programme Details**

#### The programme will include:

- Developing a Frailty Intervention Team, Mater Hospital Dublin
- Linking Generations—Making Connections through Increasing Intergenerational Capacity
- Frailty and Palliative Care
- Mid & East Antrim Agewell Partnership (MEAAP)—How Digital Literacy can be used to prevent Frailty or support recovery
- Capturing Learning from Lived Experience—What Matters to Older People (Age NI)

Towards the end of the conference (3 - 4.00pm) all attendees will be given the opportunity to enhance knowledge on Continence in Older Adults. Those who wish to join this session can remain online. This session will be delivered by Monica McAllister and Debbie Connnolly from Southern Trust

#### How do I register?

To register for our conference please complete the attached registration form and email it to <u>frailtynetwork@hscni.net</u>

Once you have sent your form you will then receive the zoom link and conference programme.



### **OTHER NEWS**

## Frailty in Real Life

Upcoming online EIT Health Ageing PhD School, 'Frailty in Real Life' hosted by Professor Cristina Polidori.

You can register for the whole lecture series or individual events. For more information please see the attachments in the email.

## Irish Gerontological Society 69th Annual & Scientific Meeting

The Irish Gerontological Society is delighted to announce that the Annual and Scientific Meeting 2022 will be taking place on 3rd and 4th November 2022 in the Slieve Russell Hotel, Cavan. The Theme of the conference is 'New Frontiers in Gerontology' and it will be held in person.

For more information or to register follow this link: <u>69th Annual & Scientific</u> <u>Meeting of the Irish Gerontological Society 2022 Tickets, Thu 3 Nov 2022 at 10:00</u> <u>Eventbrite</u>

## LGNI Queens Open Learning Training



Linking Generations Northern Ireland Linking Generations are very excited to be offering this new training opportunity via Queens University Belfast Open Learning. This training is suitable for

practitioners, community leaders and students who are interested in development intergenerational approaches.

For more information or to register please follow this link: <u>LGNI QUB</u> <u>Open Learning Info Session: Intergenerational practice, nice to do or essential</u> <u>practice? Let's change the narrative! – Linking Generations NI</u>

## Improving Continence Care in Older People

The British Geriatric Society are hosting a virtual meeting that will focus on providing comprehensive, up to date information and practical tips from leading experts in the field.

This meeting will be of benefit to all healthcare professionals involved in geriatric medicine and healthcare of older people.

For more information or to register follow this link: <u>2022 Improving Con-</u> <u>tinence Care in Older People | British Geriatrics Society (bgs.org.uk)</u>

## Can you help us?

**Encompass** – we are interested to know more about our health and social care employed members involvement in the Encompass programme. Do you represent your organisation / profession / team in any of the work streams? We would be grateful if you could get in touch to tell us about your involvement so far and help us ensue that Frailty is considered across this programme.

**Digital technology** – some of our partners are taking forward work around use of technology to assist older adults to maintain independence / improve wellbeing. Would you be interested in getting involved?

**Website content** – we are developing a website and would like to set up an editorial group to oversee the content. Would you be interested in joining us?

**Education** – in our February edition, we circulated information on the Health Education England's e-learning module on Frailty. Have you had a chance to register and progress through the material? We'd be really keen to hear your feedback.

Please see the link below for more information and to view Health Education England's e-learning module on Frailty.

HEE elfh Hub (e-lfh.org.uk)

At the minute we are gathering names for each area, if you can support us in any of these, please get in touch at <u>frailtynetwork@hscni.net</u>



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