December 2022



Frailty Network





If you wish include any items in our next circulation, please contact

frailtynetwork@hscni.net

Frailty is everybody's business

Join the NI Frailty Network – email your contact details to frailtynetwork@hscni.net

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We would like to take this opportunity to wish all of our members a very Merry Christmas and a Happy New year!





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'Digital and Remote Enhancements for the Assessment and Management of older people living with frailty (DREAM)'

The University of Exeter have asked for assistance in their NIHR funded DREAM study. Responses are needed from Advanced Practitioners (AP) who work with older people

What is the study about?

They are interested to find out more about the role and practice of Advanced Practitioners (AP) who work with older people and people living with frailty in community and primary care settings in the UK, funded by the National Institute for Health and Care Research (NIHR).

Who can take part?

Inclusion criteria:

- Have a professional qualification and registration
- Work in the UK
- Focus of role is older people or those living with frailty in primary care or community settings
- Lead or contribute to Comprehensive Geriatric Assessment (CGA)
- Qualified as APs
- In training to be APs
- Support workers, assistant practitioners and Physician Associates will not be able to take part due to not currently being professionally registered.

The survey will be open from **Mid December 2022 until March 2023** and can be accessed via this link <u>Advanced Practitioner Survey - Version 1 (onlinesurveys.ac.uk)</u> where more information about the study and survey can be found.

Improving Frailty care: The Hospital/Community Interface

RCP London is organising a series of free to access webinars in regards to improving frailty care. The next webinar will be held on **Thursday 19th January 2023 (12.30-1.45pm).**

Speakers will address the relationships between physicians and social care workers, discussing how we can keep more patients at home. Other topics include best practice for reducing ambulance conveyancing and whether virtual wards can help to manage demand.

Please follow this link for more information and to register: GIRFT and RCP webinar series: Frailty care at the interface between hospital and community | NHS England Events

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LGNI are dreaming of an Age Connected Christmas this Year!

Linking Generations NI have shared their ideas and resources to help inspire people to reach out and make Intergenerational Christmas connections.

These resources include:

- 10 ideas to Connect Generations this Christmas
- Twinkl LGNI Christmas Resources
- LGNI's Christmas Quiz
- Intergenerational Christmas Bauble

For more information about LGNI or to view these resources please follow this link: <u>Let's make this Christmas an Age Connected One! – Linking Generations NI</u>

World Guidelines for falls prevention and management of older adults: a global initiative

The Age and Ageing Journal (British Geriatric Society) have published the first World Falls Guideline for Prevention and Management for Older Adults.

The new guideline integrates evidence, expert opinion and consideration of context to produce practical advice.

To read these guidelines please follow this link: World guidelines for falls prevention and management for older adults: a global initiative | Age and Ageing | Oxford Academic (oup.com)

Person-centred and integrated care for older people: Successful experiences across Sweden

The University of Gothenburg are hosting a free symposium on the topic of 'Person-centred and integrated care for older people: Successful experiences across Sweden. On Tuesday 21st March 2023.

For more information on topics and speakers or to register please follow this link: <a href="Symposium on "Person-centered and integrated care for older people" | Karolinska Institutet Nyheter (ki.se)

Can you help us?

Encompass – we are interested to know more about our health and social care employed members involvement in the Encompass programme. Do you represent your organisation / profession / team in any of the work streams? We would be grateful if you could get in touch to tell us about your involvement so far and help us ensue that Frailty is considered across this programme.

Digital technology – some of our partners are taking forward work around use of technology to assist older adults to maintain independence / improve wellbeing. Would you be interested in getting involved?

Website content – we are developing a website and would like to set up an editorial group to oversee the content. Would you be interested in joining us?

Education – in our February edition, we circulated information on the Health Education England's e-learning module on Frailty. Have you had a chance to register and progress through the material? We'd be really keen to hear your feedback.

Please see the link below for more information and to view Health Education England's e-learning module on Frailty.

HEE elfh Hub (e-lfh.org.uk)

At the minute we are gathering names for each area, if you can support us in any of these, please get in touch at frailtynetwork@hscni.net



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