#### April 2023

# Frailty Network News

If you wish include any items in our next circulation, please contact <u>frailtynetwork@hscni.net</u>



Frailty is everybody's business

Join the NI Frailty Network – email your contact details to <u>frailtynetwork@hscni.net</u>

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## Welcome to the new Frailty Network News e-zine!

Now that our website is up and running we will be sharing our monthly Frailty Network News e-zines in the '**News**' section of our website.

Please follow the link below to our website:

Frailty Network | Frailty Network (hscni.net)

# SAVE THE DATE!!



This years NI Frailty Network Conference will be a joint event with the British Geriatric Society NI Division on

## Friday 13th October 2023.

This will be a face to face event, with the option of joining virtually. **\*Programme details to follow\*** 

## **Trinity College Dublin Upcoming Frailty Courses**

Trinity College Dublin have some exciting upcoming Frailty modules/courses:

- Assessment and Management of Frailty in Ageing Adults (Stand Alone Online)- This stand alone module will be delivered online and the closing date for applications is the end of June 2023. <u>Standalone Frailty Module - School of</u> <u>Medicine - Trinity College Dublin (tcd.ie)</u>
- Advanced Ageing and Frailty Studies (Postgraduate Certificate)- This course is one year part-time and will be delivered online. The closing date for applications is 8th July 2023. <u>Advanced Ageing and Frailty Studies</u> (P.Grad.Cert) - Courses | Trinity College Dublin (tcd.ie)



The Move it or Lose it Annual Healthy Ageing Conference will be held on Friday 22nd September 2023 from 10am to 4pm in Birmingham. This event has a great line-up of leading academics, scientists, expert and influencers sharing tips on how to live well and promote healthy and successful ageing.

Speakers include:

- Dr Raymond Reynolds, BSc, MSc, PhD– 'Unravelling the mystery of falls'
- Professor Janet Lord FMedSci- 'Just what is inflammageing, why does it matter and how can you prevent it?'

For more information or to register follow this link: <u>Move it or Lose it Annual Con-</u> ference | Move It Or Lose It

## **Enhancing Safety, Quality and Experience of Residents in Care Homes Conference**

Queens University Belfast are hosting their 4th Annual Care Home Conference. The event will take place at Queens University Belfast (Great Hall) on **Tuesday 30th May 2023 from 9.30am to 3.15pm.** 

Guest speakers include:

- Maria McIlgorm, Chief Nursing Officer for Northern Ireland
- Linda Kelly, Chief Executive of NIPEC
- Brenda Rushe, NI Lead Nurse for Independent Health and Social Care

For more information and to view the provisional conference programme please follow this link: <u>Enhancing Safety</u>, <u>Quality and Experience of Residents in Care</u> <u>Homes 2023 Tickets</u>, <u>Tue 30 May 2023 at 09:30</u> | <u>Eventbrite</u>

#### UK Chief Medical Officers' physical activity guidelines communications framework

The Communications framework provides guidance for the UK and devolved government administrations on how to communicate the UK CMO's physical activity guidelines to key professionals and practitioners who are required to know, understand and apply the guidelines in practice.

The framework also recognises the role of system enablers– those who can support policy and infrastructure developments that enable the guidelines to be implement-ed.

The framework covers:

- Situational and stakeholder analysis
- Development of communications aims and messaging
- Identification of communication channels
- Implementation and measures

Please follow this link to view the framework: <u>UK CMOs' physical activity guidelines</u> communications framework: main guidance - GOV.UK (www.gov.uk)

#### How latent patterns of interprofessional working may lead to delays in discharge from hospital of older people living with frailty

Cambridge Core have shared a journal article around the topic of delays in discharge from hospital of older people with frailty.

The article indicated that working practices within hospitals may inadvertently contribute to discharge delays in older patients with frailty.

To read the full article please follow this link: (PDF) How latent patterns of interprofessional working may lead to delays in discharge from hospital of older people living with frailty – 'Patient more confused than usual?' (researchgate.net)



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