

March 2024

Frailty Network News

If you wish include any items in our next circulation, please contact



frailtynetwork@hscni.net
Frailty is everybody's business

Join the NI Frailty Network – email your contact details to frailtynetwork@hscni.net

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SAVE THE DATE!!



This years NI Frailty Network Conference will be held on

TUESDAY 1ST OCTOBER
2024

To celebrate The International Day of Older Persons!

****Keep an eye on our website [Frailty Network](https://www.frailtynetwork.net) | [Frailty Network \(hscni.net\)](https://www.frailtynetwork.net)**

and upcoming newsletters for more information.

Bereaved NI New Website



Bereaved NI
NI Bereavement Network

The Department of Health has launched a new bereavement support website for Northern Ireland.

'Bereaved NI' can be accessed at [Bereaved | Bereaved \(hscni.net\)](https://www.hscni.net) and will provide a range of accessible resources for people who are experiencing bereavement and ensure that they have the required information and support for each stage of their bereavement journey.

Included as part of the new fully accessible website will be information relating to palliative care, pregnancy and baby loss, resources for children and young people, information for people who have been bereaved by suicide and those who have suffered a sudden or traumatic loss, as well as practical support including financial and legal advice.

British Geriatric Society– 2024 Education in Geriatric Medicine

The British Geriatric Society are hosting a virtual 'Education in Geriatric Medicine 2024' meeting on **24th May 2024 @ 11.30am**.

Who should attend:

All healthcare professionals providing education and training to those at an undergraduate level

Session aims:

This interactive session will cover progress and future plans to help support education in geriatric medicine at under-graduate level.

It will present some of the background challenges as medical schools expand and curricula change, and highlight key areas to focus on.

To register please follow this link: [2024 Education in Geriatric Medicine | British Geriatrics Society \(bgs.org.uk\)](https://www.bgs.org.uk)

JOURNAL ARTICLE- Frailty on the island of Ireland: evidence from the NICOLA and TILDA

Background: Aimed to compare the prevalence, characteristics and associated mortality risk of Frailty in Northern Ireland (NI) and the Republic of Ireland (ROI).

Key Points:

- Frailty is a major public health concern for both Ireland and Northern Ireland.
- However, the prevalence is twice as high in Northern Ireland which has a major impact on health and social care provision.
- This is an important factor for all island public health policy and awareness.
- The causes of these differences are unknown.

To read the full journal article please follow this link:

[Frailty on the island of Ireland: evidence from the NICOLA and TILDA studies | European Journal of Public Health | Oxford Academic \(oup.com\)](#)

McKelvie MJ, Cruise S, Ward M, Romero-Ortuno R, Kee F, Kenny RA, O'Reilly D, O'Halloran AM. Frailty on the island of Ireland: evidence from the NICOLA and TILDA studies. European Journal of Public Health. 2024 Mar 19:ckae046.

Global Intergenerational Week 24th-30th April 2024



Linking Generations
Northern Ireland

Join Linking Generations NI to celebrate Global Intergenerational Week!

Global Intergenerational Week is a campaign connecting everyone who is passionate about everything intergenerational. The week will run from **24th April – 30th April 2024** and aims to inspire individuals, groups, organisations and local/national governments to fully embrace intergenerational practice, connecting people of all ages especially the younger and older generations.

For more information please follow this link:

[Global Intergenerational Week – Linking Generations NI](#)

Trinity College Dublin Online Frailty Education Programme – Applications now

- **Postgraduate Certificate in Advanced Ageing and Frailty Studies (30 ECTS)**

Duration: September to June (Semesters 1 and 2)

Schedule: Two hours twice a week, Tuesdays 3-5 pm and Fridays 2-4 pm Irish Standard Time

Modules:

Assessment and Management of Frailty in Ageing Adults (5 ECTS)

Biology of the Ageing process (10 ECTS)

Frailty in ageing adults: clinical practice (5 ECTS)

Quantitative Analytics for Ageing and Frailty (10 ECTS)

Explore the program: <https://www.tcd.ie/courses/postgraduate/courses/advanced-ageing-and-frailty-studies-pgradcert/>

For more information or to express your interest, please feel free to contact: <https://www.tcd.ie/medicine/medical-gerontology/contact-us/>

- **Micro-credential in Assessment and Management of Frailty in Ageing Adults (5 ECTS)**

Duration: September to January (Semester 1)

Schedule: Ten 2-hour live sessions, Tuesdays 3-5 pm Irish Standard Time

Key Highlights:

Understand what frailty is & isn't

Appreciate its potential reversibility

Learn its multiple identification tools

Apply knowledge to practice

Enrol now: <https://www.tcd.ie/courses/microcredentials/by-school/micro-credentials---medicine/assessment-amp-management-of-frailty-in-ageing-adults---mc-module/>



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